



Eugowra NEWS

June 2013

A Lions Club project for the community we serve

VOL.17

Mural Magic

Congratulations to the organisers of this years Most Wanted Mural Weekend. What a triumph, from the Friday morning Eugowra was absolutely buzzing with energy and excitement as the artists got to work on the latest murals. It was amazing to see so many people in our little town over the three days. Every aspect of the weekend was a success. The weather was glorious and the community really got behind the event in force helping host the artists and welcoming visitors to town.

The weekend culminated in the very successful Mothers Day Lunch by the Creek and the inaugural Vintage Car and Hot Rod Show. The whole town had a carnival atmosphere for the day.

Jodie Greenhalgh has been the initiator and driving force behind the event, what a dynamo she is, Neil and Jayne McMillan from Eat Your Greens made an enormous contribution to the weekend as did Cassie Gates. The committee is looking forward to bigger and better weekend next year.



from the editor

I felt extremely proud of the Eugowra community on the Mural weekend. Isn't it amazing what a small town can accomplish with some inspiration, energy and enthusiasm. I particularly enjoyed the positive energy that was around the town. If we can do this we can do anything. I really admire the vision and "can do" attitude that Jodie Greenhalgh brings to the community and her capacity to get others on board. Well done Jodie and the rest of the committee. It will be interesting to see where all this goes, on the weekend I heard many people talking about their ideas to make it even better in the future.

I would like to take a bit of time to acknowledge and thank all of the regular contributors to the News, I feel that the News is now very representative of our community and reflects the interests and values of Eugowra. It has taken a bit of time and energy to get to this positions and I hope we can continue to build on it. If anyone has any ideas or articles they would like to contribute please don't hesitate to send them in. You can also post onto the Facebook page if you would like.

Space seems to be an issue in the News this month. The Advertisements in the News pay for our printing costs which are quite substantial. As the News is in booklet form I cant just add one page it has to be four. This month we could probably have used two more pages but we didn't have sufficient new adds to justify four pages so it is a bit of a squeeze. If your contribution or event didn't make it in this time it should get in next time and I will also put additional articles and photos on the webpage.

Congratulations to the Eagles on a great start to their season and thank you to John and Sue Park for sending us a regular update of the Footy.

I hope you are all going to the Utility Dog Trials on the 14th, 15th and 16th of June.

Enjoy the News,

Anne



The Eugowra News Committee

Anne Heath, Chairperson and Editor

Anne Burns

Cassie Gates

Peter Heath

Bob Roach

Jodie Greenhalgh

Contributors this month

Jenny Anderson

CWA, Val McGrath

Jessica Bray

St. Josephs School, Sarah de Lange

Nicole Brindle

John Park

Alison Burges

Barb Roach

Anne Burns

Judy Smith

Belinda Edmonstone

Eugowra Public School, Kylie Reeves

Therese Welsh

Cassie Gates

Next Issue Deadline:

Friday 21st June 2013

**The News will be available on
28th June**

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420 copies printed and distributed throughout the community.

Please note: Views expressed by contributors are not the responsibility of Eugowra Lions Club INC. or the Editor

Online at www.eugowranews.com.au



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| Deadline | Publication |
|----------------|----------------|
| 21st June | 28th June |
| 26th July | 2nd August |
| 23rd August | 30th August |
| 20th September | 27th September |
| 25th October | 1st November |
| 22nd November | 29th November |

What's on this month including Doctors
 Surgery hours Ph. 68592220

June 2013

Mon Tue Wed Thu Fri Sat Sun

| | | | | | | |
|----------------------|-------------------------|-------------------|---|---|------------------|---|
| | | | | | 1 | 2 Eugowra vs Condo 2 pm Community garden day 9am—12noon |
| 3 Drs. 9-5 | 4 Drs. Manildra 9-1 | 5 Drs. Closed | 6 Drs. 9-4 | 7 Drs. Manildra 9-1 Small School Athletics | 8 | 9 |
| 10 Public holiday | 11 Drs. Manildra 9-1 | 12 Drs. Closed | 13 Drs. 9-4 | 14 Drs. Manildra 9-1 Dog Trials CWA meeting 11am | 15 Dog Trials | 16 Dog Trials Eugowra vs Molong 2pm Lions Club BBQ |
| 17 Drs. 9-5 | 18 Drs. Manildra 9-1 | 19 Drs. Closed | 20 Drs. 9-4 | 21 Drs. Manildra 9-1 Eugowra Schools Athletics | 22 | 23 Eugowra vs Gooloogong 2 pm |
| 24 Drs. 9-5 | 25 Drs. Manildra 9-1 | 26 Drs. Closed | 27 Drs. 9-4 Folding of the Eugowra News at The Central, 5pm | 28 Drs. Manildra 9-1 Community Bus | 29 | 30 VIEW 'Bridal Party' afternoon tea |

Community Gardener's

Thank you to all those gardeners who have come along to our Monthly Sunday mornings gardening. We have a bit of fun and I'm sure you would all agree that the gardens looked beautiful for the Murals/Mothers Day weekend. An ongoing thankyou to Ron Hay & David Hyde for their vision & continuous maintenance.

The Public School have completed their raised beds, and Moxey's Dairy are in the process of supplying the compost, so June should see the filling of the beds and planting of those seedlings already up & going. Another big thank you to the Moxey Family for their great generosity and community spirit, and to Max Jones for facilitating the process.

We will once again be gardening on the first Sunday of June (2nd) and invite you all to join us from 9am through to 12 followed by a BYO sausage sizzle / picnic lunch. Give some thought to future projects, and bring along any surplus or volunteer plants, or cuttings, from your own gardens so we can swap & share...with enthusiasm now we have some moisture in the ground!

Look forward to seeing you all there.

Ali

If you would like to be included on our emailing list, please email me at alison.burges@yahoo.com.au

To the Editor

LONG REACH OF THE "EUGOWRA NEWS"

The "Eugowra News" travels far and wide!

Some years ago Dave and Barbara Brackenreg purchased "Oakvale" on the Orange Road and lived there until 2004, when they moved to the Adelaide area to be closer to family. The property is now owned by Matt and Dee Buttle.

Dave had previously been the Principle Valuer with the NSW Department of Planning and Environment.

While at "Oakvale", Dave became a member of the Eugowra Lions Club, and on his departure he maintained an interest in the local community by arranging a copy of the "Eugowra News" to be posted to him each month.

When recently renewing his subscription Dave wrote to Lion's Treasurer Bob Roach:

"In your last issue in 'Eugowra Showgirl' column, she said she visited Belgenny Farm at Camden, where John and Elizabeth Macarthur developed the Merino sheep.

While with the Department I purchased 4,500 acres of the land, arranged the restoration of the old buildings and

purchased the sheep on its behalf. I am very familiar with the history of Camden Park, the Macarthurs and the surrounding area and have spoken to the Camden Historical Society on the subject".

John Macarthur enjoyed a prickly relationship with various Governors of NSW and was a leading figure in the "Rum Rebellion". After spending much of his latter years in England while Elizabeth ran the farm, he died at Belgenny Farm prior to the completion of the large house on Camden Park.

Dave and Barbara are both well and send their best wishes to Eugowra.

Top 10 smells that make people happy

1. Freshly baked bread
2. Clean sheets
3. Freshly mown grass
4. Fresh flowers
5. Freshly ground coffee
6. Fresh air after rainfall
7. Vanilla
8. Chocolate
9. Fish and chips
10. Bacon frying

New business in town

Welcome to Mike Hanley who has opened The Gentle Cow Cafe in Eugowra. Mike says the business is named after a good old cow he knew. The café is open seven days a week and as well as coffee is serving home made pies. Mike's standard meet pie is filled with Bill Turner's best mince and full of flavour, it is encased in a delicious pastry and to date this is his best seller. A range of morning and afternoon tea goodies are also available.

So far Mike is happy with the progress of the venture.

Mike is pictured to the right making a coffee.



In This Issue

4. To the Editor

Community Garden

7. Happy Gardener

8. Caring for the Land

9. Show News

11. ECCC

12. CWA News

14. In the Kitchen

15. Public School News

16. View

18. Mural Magic

20. Health Report

22. St. Josephs School News

24. Welsh Reunion

25. Boer War Plaque

26. Newsagency and Supermarket News

28. LHPA

29. Self Care Units

Biggest Morning Tea

32. Out n About

34. Mural News

36. Footy Update

EUGOWRA / ORANGE COMMUNITY BUS SERVICE



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Notes from the Happy Gardener



The much needed rain has been so gratefully received and has given all of us some hope for a reasonable season. Winter time is well and truly with us now and the growth of most plants dramatically slows down but of course there are still plenty of jobs to carry on with.

Clip hedges and evergreen shrubs now and they will be all tidied up and won't need to have any work done to them until well into spring.

What to with all of those fallen leaves?

Most of us seem to have lots of them. Leaves are such a great source of carbon in the compost heap. Layer them with moistened lawn clippings, kitchen scraps and mulched up garden refuse.

Stuff leaves into plastic bags, tie off the opening after moistening the leaves, put a few holes in the plastic bags, pile up somewhere out of the way. When they have broken down they will make great compost.

Rake onto the garden beds as a loose type of mulch. Wet them down a bit so they don't blow about. They will give the plants some frost protection and the lizards and other little creatures will have a nice little haven to shelter in for winter.

If you have any of the creepers such as the Virginia creeper or Boston ivy growing on any of your walls and you want remove them, you will find that they have a disc-like adhering mechanism to attach themselves to the wall or fence. If you simply pull these straight off they will leave unsightly marks on the wall, but if you cut them off and let them die before pulling them off the wall or fence, they will be much less likely to do this.

When choosing trees for your garden, remember that very often tree roots can grow outwards to three times the spread of the branches.

Hippeastrums

I have heard them referred to as the king of bulbs and I agree that they do make a spectacular display when grown in quantity, whether in pots or in the garden. They are bulbs which produce long strappy leaves and magnificent flowers which are shaped like a funnel in

colours of white, red, pink and variations of these colours on strong, thick stems. Blooming is generally during late winter to early spring.

It is a good idea to provide some protection from frosts as they can be susceptible to frost burn. If the bulbs become over crowded blooming can be disappointing.

Early winter is a good time to lift and divide over crowded Hippias. When replanting ensure the top of the bulb is out of the ground. Place some autumn leaves about ten centimetres thick around the bulbs to provide frost protection.

Borers

As trees lose their foliage it makes good sense to take a look at their bare branches to check for signs of borers and damage from rubbing branches and treat accordingly.

Spray stone fruit trees at leaf fall (and also at bud swell) with an appropriate fungicide to prevent curly leaf.

Spread some lime around the base of fruit trees to sweeten the soil.

Hang fruit fly baits in citrus trees. Prune to enhance the shape of the tree and fertilise after fruiting is completed.

Passionfruit often suffer from lack of trace elements, fertilising with a complete Citrus fertiliser should rectify this problem.

Organic tips

Recycle used steel wool scouring pads by soaking in a dish of water. The rusty water when used to water the soil around acid loving plants such as camellias, azaleas and Daphne etc will help to acidify soil.

Aphids I have read that aphids can't resist the colour yellow and also they can't swim, so to help reduce the quantity of them, half fill a bright yellow dish with water and place it near the plants being attacked.

I hope you are able to enjoy your patch of garden, until next time "Happy gardening"

Jenny



Caring for the Land

With Nina Hooper



Hello Eugowra

It was nice this week to have just a little bit of rain – looking for a bit more now aren't we – it has been looking pretty dry everywhere.

I hope that by the time you are reading this there has been another great fall and we are all feeling happy about the progress of our winter crops.

A reminder to all of you farmers out there that we still have vacancies in the Soil Biology workshops to be held on the 11th and 12th of June.

If you are in the Parkes area it will be on the 11th at the Land care office and in the Forbes area it will be held at the Central West Livestock Exchange on the 12th.

These will be great hands on workshops and will help to unlock a lot of the mysteries about what is in the soil and what we can do with it.

It's a world teeming with life down there and we really need to make sure that as land managers we work with the good ones and discourage the bad ones!

Both workshops are totally free and you can even bring your own bucket of soil to study so that the information you gain is very relevant to exactly what is happening on your farm!

Give Marg a call at the office on 0268 624914 for more information or to book in.

The Kids Teaching Kids season is well under way and the first of these conferences will be held on the 4th of June and will be hosted by Woodstock Public School.

Such a great program for kids and it won't be long before schools locally have their turn with the next conference being hosted by Forbes North Public School on the 19th of July.

Then it's into Eco Day for all local schools on the 31st July – phew! Looking forward to seeing the Eugowra schools there again!

While I am on the note of Eco Day a big thanks to the volunteers of Forbes Urban Landcare who in conjunction with CWLE Saleyards Manager Michael Rath, have been working to help prepare the site for the kids to do more

planting on Eco Day. It is great to have such good helpers and it really makes the day such a community based event when we have so many different people working together to make it a success.

The 23rd May saw the hosting by the Lachlan CMA and Lachlandcare of the Natural Resource Management Awards.

Many of the awards ended up heading west – which is great to see and shows the extent of great natural resource management in the region.

One standout was Ron and Andrea Finch from Rankin Springs, who are practicing permaculture and holistic management principles on their farm – in a very dry area, and who have a big commitment with biodiversity with a conservation agreement to protect Mallee fowl on their property as well.

Eric Hurn from the Upper Lachlan was another inspiration – the father of Landcare in Crookwell, who has been Landcaring for many years and spoke so passionately about working with kids in his part of the catchment.

And speaking of kids – we also saw a very strong field of nominees for the Education category, with Corinella School coming up trumps.

It would have been very difficult judging all of these awards and they really do serve as an inspiration to people doing other projects.

It's also a nice way to reward people who often do this completely for the benefit of the community and future generations.

Have a great month.

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Looking Forward, Looking Back

100 years of the Eugowra Show.

For hundreds of years community fairs and carnivals have been a tradition that

brings people together. When most people look back on their youth they would have a memory from childhood that comes from attending such an event. Whether it is from the money Mum and Dad gave them to buy a show bag or that once a year ride on the Ferris wheel. These are the memories of joy and fun that last a life time.

With the 100th anniversary of the Eugowra show this year special a display is being organised that is not just a trip down memory lane but a display of our community the people that live in it and the landscape that we live in.

Members of the Community are being asked to donate photos for this display. The photos will be carefully looked after, displayed and returned to their owners after the show. We are currently searching for family photos from the show; Photos from around the community and photos from events that have occurred from over the years. Age and quality of photos is not relevant we are looking to display both past and present Eugowra.

If you have a photo and story to share I would like to get in contact with you. I am contactable via phone and email

This display is an exciting project. The communities support and participation in this project would make it a fantastic display that will not only tell the story of our show but share the memories of our community.

SCARECROWS GALORE... Entries will soon be opening for the Eugowra Show Scarecrow Competition. This year to Celebrate the 100th anniversary of the Eugowra Show, Local Schools are being invited to enter a Scarecrows.

There will be exciting prizes and encouragement awards for the all schools that enter. Creativity, Teamwork & imagination is strongly encouraged.

The competition will consist of a kindergarten to year 2 section, and a year 3 to 6 section. All local schools are warmly invited to enter. Entry forms with further details and information will soon be distributed to Schools.

Looking forward to seeing all the exciting entries ! For further information please do not hesitate to email me. Emily Cross

Mobile: 0458 870 017 Email: emy_cross@yahoo.com.au



EUGOWRA BUSHRANGER COMPETITION

To be held again for the Centenary Show

Gather up that scrap metal (or what ever) and get those creative juices flowing

CATEGORIES

Open open to the general public

Local within a 15km radius of Eugowra

Junior children attending school

Novelty to be decided by the judges on the day

All entries are to be judged on originality and use of materials.

The bushrangers can take any form and can be made from basically anything solid eg new steel, scrap steel, galvanised iron, wood or even storm water pipe (painted or unpainted). They can be on horseback, stage coach, stand alone etc – the possibilities are endless.

Sculptures used in the sesquicentenary competition are ineligible but can be displayed on the day to add to the atmosphere.

Enquiries: Hugh Ellis 6859 2926 or hugh.ellis@bigpond.com



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News from Eugowra Community Children's Centre

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Let's Read!

This month we were very excited to have all the children from Eugowra Public School and St Joseph's School, join us for the National Simultaneous Storytime 2013. This years book was called The Wrong Book, which was not only read out to all of us but acted out as well by the staff at St Joseph's. We all got to read various other books too, do some fun activities and even have a jump on a very wet jumping castle!



Waiting for the show to begin



Reading groups



Snack time



Lots of face painting fun!



Welcome to
our newest
members:

Axxell & Bayden





Eugowra CWA was fortunate to have another interesting and informative **guest speaker at the 17 May meeting**. Cathy Cleary, former Eugowra resident and CWA member spoke of her experiences with severe depression and deep brain stimulation. Cathy shared that her depression was a very disabling experience, possibly triggered by stress, which caused very negative feelings such as a sense of disconnection and a lack of pleasure, emotion and motivation. She avoided social occasions, felt hopeless and a burden to everyone. Cathy tried many medications, some helpful, many not and most induced side-effects. She also underwent electro-therapy and psycho-therapy before taking part in deep brain stimulation under Professor Fitzgerald at the Alfred Hospital in Melbourne. This involved the insertion of electrodes in the brain and a pace-maker type device to send electrical impulses to specific areas of the brain. While this is an experimental technique, in Cathy's case it has been effective. Jeanette Norris thanked Cathy for her talk and Noela Lane made the presentation.

Mr Troy Grant, Member for Dubbo, presented a **cheque for \$15,000** to the Eugowra CWA on 18 April. The cheque was the result of a successful application for a grant under the NSW Community Building Partnership Program in 2012. The money will be used for renovations to the kitchen of the CWA Rooms in Nanima Street to comply with the new Health and Safety Regulations. A meeting has been held with builder Steve Wykamp to review the plan and work is expected to commence in the near future.

In keeping with the best of CWA traditions, members provided morning and afternoon tea and treats for the **Mural artists and sign writers** on the Mothers Day Weekend. Passers-by were also able to enjoy a cuppa and it was interesting to chat to the many visitors watching the progress of the murals and enjoying the community atmosphere of the weekend. Congratulations to Jodie Greenhalgh and everyone involved in the organisation of the very successful weekend.



Rosemary Frazer and Noela Lane serving some happy customers outside the Museum.

Margaret Swift, Wendy Carey and Kay Jones attended the **CWA State 91st Annual General Meeting held at Mudgee from 6-9 May 2013**. Margaret reported that the Conference, opened by NSW Governor, her Excellency Professor Marie Bashir, went well.

The CWA Public Speaking Competition was held at Kinross Wolaroi School, Orange on 21 May. Margaret Swift, Frances Anderson, Wendy Carey, Jenny Anderson, Dorothy Jones, Kay Jones and Rosemary Frazer attended on behalf of our Branch and worked as timekeepers, doorkeepers and ushers to ensure the smooth operation of the event. Congratulations to Darcy Merchant, Montana and Savannah Bevan from Eugowra Public School and Katie Townsend, Belle and Lily Wallace and Baylie Tulloch from St Joseph's for taking part and acquitting themselves well. Frances said that she didn't know how the judges chose a winner as all the speakers were so good.



Troy Grant presenting the cheque to Margaret Swift watched by (L-R) Shirley Heinzl, Dorothy Jones, Rosemary Frazer and Romy Taylor.

The next meeting will be held on Friday 14 June at 11.00am. The Guest Speaker will be Bev Pengilly talking about her experiences working with the CWA at the Royal Sydney Show. Please advise Margaret Swift on 6859 2256 if you require lunch.

head on in

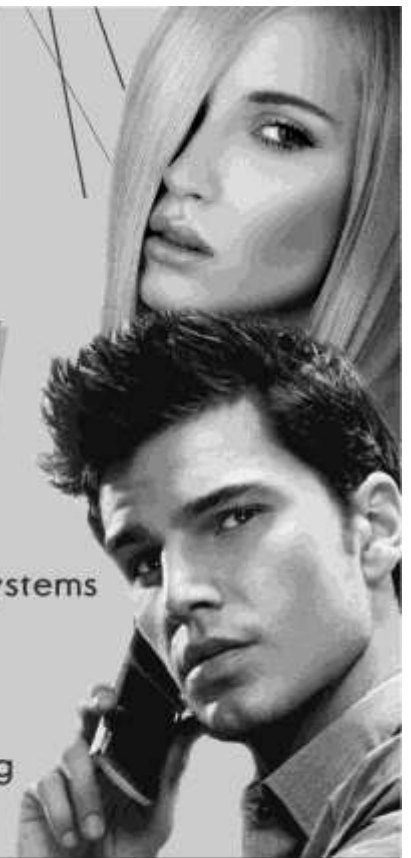
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June Recipe



Bittersweet chocolate tart with orange mousse



For the orange mousse

- 2 well chilled eggs, separated
- 1tbs icing sugar
- 2tbs caster sugar
- 1tsp cornflour
- Juice of 4 oranges filtered through a strainer
- Juice of 1 lemon filtered through a strainer

Place egg whites in a bowl with a dash of salt. Beat them slowly with a whisk or handheld electric mixer, picking up speed as you go. The whites are ready when the whisk leaves a clear trail in them, and they do not stick to the side of the bowl. Add the icing sugar and beat gently for 1min.

Place yolks, caster sugar and corn flour in another bowl, mix until completely incorporated. Whisk in orange and lemon juice bit by bit, whisking constantly. Place mixture into a saucepan and cook over a low heat for 12min, still whisking. Pour warmed yolks into the whipped whites and fold together.

Place in refrigerator for at least 2 hrs.

For the Chocolate tart

- 200ml cream
- 4tbs milk
- 200g dark chocolate (70% cocoa) chopped into small pieces
- 1 large egg
- Shortcrust pastry shell precooked (for 25min in a tart tin about 25cm in diameter) and cooled completely

Preheat oven to 150 degrees. Place cream, milk in a saucepan, bring to the boil, remove from heat and add chopped chocolate. Stir until the chocolate is completely melted and mixture is dark. Allow to cool.

Beat egg in a bowl add to cooled chocolate mixture, pour filling into precooked pastry case. Cook for 15 to 20 minutes until set. Serve at room temperature with orange mousse.



Eugowra Lions News

Due to the success of our last BBQ, the Lions Club will be holding their next social gathering on the 16th of June at Max and Margaret Swifts, please give Peter Heath a call on 68592944 if you plan on attending or would like any more information. We look forward to



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News

Participation Leads To Success

COMMUNITY VEGETABLE GARDEN

Back in April students at Eugowra Public School joined forces with the Eugowra Community for a vegetable seed planting day for the proposed community garden being constructing at the school.

It was wonderful to have so many community members come along to assist with the planting and interact with the students. Students had a great afternoon as did staff members. This activity has had great community support to date, the activity is open to interested community members and anyone is welcome to attend activity sessions.

ANZAC DAY

Students have proudly and respectfully represented Eugowra Public School at the annual community Anzac Day parade and service.

SCHOOL ACTIVITIES

RFS

Term 2 began with a visit from the Rural Fire Service (Orange) educating the students about fire safety and about the role the RFS play in the community. The students enjoyed these sessions and we thank the staff from orange and the volunteers who came to share their knowledge and skill.

BATHURST GOLDFIELDS

Following our study unit on the Gold Rush the whole school attended an excursion to the Bathurst Goldfields for a hands-on look at life on the Goldfields. Students experienced living and schooling conditions, making mud bricks, gold panning, working in the goldfields as well as having a turn at the old fashioned games played during this era. Everyone thoroughly enjoyed this opportunity.

BONE HEALTH

Thank you to Nicole and Anne from the Eugowra Multi-Purpose Service for presenting a very interactive and educational session on bone health to the students. Students enjoyed being plastered up and learned that this can be the result of not understanding the importance of strong healthy bones and not looking after your bones in our daily lives.

Corey Williams "gets a helping hand" at right

ACTIVE SPORTS

Thanks to funding from the Active After-school Communities Grant, each Wednesday students are participating in golf lessons with golf pro, Bruce McLean from Orange. This activity was successful during 2012 and the students are again enjoying the benefits of this activity learning the skill of the game under a professional eye.

EUGOWRA SCHOOLS CROSS-COUNTRY

Once again students from the Eugowra Primary Schools joined together to participate in the annual cross-country run. Thanks go to St Josephs for hosting the event this year. Eugowra Public Schools strong runners have been selected from this event and we congratulate Montana Bevan, Toby Matheson and Lauren Cullenward who will be going off to the District Public Schools Carnival in Forbes.

PUBLIC SPEAKING

Congratulations to Darcy Merchant, Savannah and Montana Bevan on their participation in the CWA Central Western Group public speaking competition held at Kinross Wolaroi School in Orange last week. The girls did themselves and the school proud.

SIMULTANEOUS STORY-TIME

Students enjoyed the day spent with students of St Joseph's Eugowra and the Eugowra Pre-School for the Simultaneous Story-time held at the Eugowra Community Children's Centre. It was a wonderful day and a great chance for all centres to join together.

Pictured below Goldfields trip and after school activities.





Eugowra Evening View Club

voice, interests and education of women

John Guest was the invited speaker at the May dinner meeting and proved to be an engrossing speaker for the ladies at VIEW.

Following is a summary of his talk given to members:

John was born at Bathurst, educated by Blackfriars Correspondence School for his primary education and attended high school at Nyngan.

He joined the army in 1962, spent six months in training, and was then posted to 1st Battalion the Royal Australian Regiment. The unit moved to Vietnam in May 1965, where John mentioned how the men scrambled down nets off the ship to the landing craft for transport to the landing place.

John went on to speak of being at war, apart from being shot at and blown up, the absolute fatigue of 300 days in combat, working at up to 72 hours straight, and the conditions of the monsoon and dry hot conditions.

Returning to Australia in June 1966 he became an instructor at the infantry school, and officer training establishments. John was then trained by the British army as a sniper instructor and returning to be the leading sniper instructor in Australia, and of the skills involved.

Later in his army service John attained the rank of Regimental Sergeant Major and he went on to explain the duties and responsibilities involved with this role.

The VIEW ladies were shown various items of military equipment and told of the history behind each piece, including 'swagger stick', RSM's pace stick, senior NCO's red sash, ceremonial blues, uniform, dress uniform, Sam Brown and medals.

Margaret Brien moved a vote of thanks to John for his very enlightening talk on his years in his life as a career soldier.



Plans are well in hand for the club's birthday celebrations at the end of June. The event will be marked by a wedding style afternoon tea party at Eat Your Greens function centre. The afternoon will include a parade of wedding gowns over years gone by. This is a ladies only afternoon and guests will be welcomed.

Maria Dawson recently hosted a very successful Lorraine Lee Linen party which raised a good sum of funds towards our Smith Family 'Learning for Life' students.

Guest speaker at the June dinner meeting will be Arline Townsend, who will speak of her pilgrimage visiting various churches in Europe.

Please RSVP to Esther by May 31 for the dinner meeting on June 3.



Eugowra Evening View Club
voice, interests and education of women

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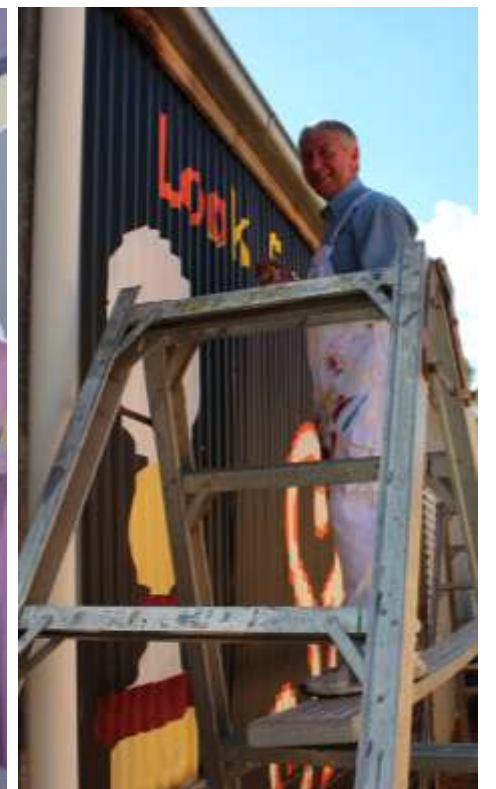
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What a Weekend!





Act F.A.S.T. to prevent strokes

1 in 6 people will have a stroke in their lifetime.

Having a stroke will change your life forever. It can be a very disabling event that affects your movement, communication, memory and emotions.

The area in your brain affected by your stroke will no longer work. You may tell your hand to move but nothing will happen. Things that were previously done without thinking will become very difficult or impossible.

What is a stroke: A stroke happens when blood supply to the brain is interrupted. The cells normally supplied by that blood will be damaged and die. This is similar to a heart, if the blood to the heart cells is interrupted the cells around that area die and no longer function as they used to. The area of brain damage is called a cerebral infarct. (a heart attack is called a cardiac infarct). If you have a stroke on the right side of your brain it will normally affect your function on the left side of your body.

A transient ischaemic attack (TIA) happens when there is a temporary interruption to the blood supply to the brain. It causes the same symptoms as a stroke, but these go away completely within 24 hours. These attacks are a warning and to prevent a stroke occurring get treatment as quickly as possible by calling 000.

The good news is that in many cases the brain can learn through rehabilitation how to use another part of the brain to take over from the cells that have died. This is called neuroplasticity – meaning the cells can be reprogrammed to do new tasks. It takes a lot of practise and repetition for this to happen and sometimes the area of damage is so large that it cannot occur.

If you know someone who has had a stroke always encourage them to continue trying to use their affected side, don't rush them and be patient.

DON'T GIVE THEM A STRESS BALL TO IMPROVE THEIR HAND STRENGTH – sorry this is a pet hate of mine.

Most people after stroke have trouble opening their hand e.g. opening to reach for a cup or pencil. A stress ball will encourage the closing muscles to be stronger and this makes it even harder for the opening muscles to work.

What will I feel if I'm having a stroke

Symptoms of a stroke can include:

A numb or weak feeling in the face, arm or leg

Trouble speaking or understanding

Unexplained dizziness

Blurred or poor vision in one or both eyes

Loss of balance or an unexplained fall

Difficulty swallowing

Headache (usually severe or of abrupt onset) or unexplained change in the pattern of headaches

Confusion

Acting F.A.S.T. can limit the effects of your stroke

The FAST test is an easy way to recognise and remember the most common signs of stroke or a TIA. Using the FAST test involves asking three simple questions. If the person has a problem with any of these functions, dial triple zero (000) for an ambulance immediately.

FAST stands for:

Facial weakness – can the person smile; have their mouth or eyes drooped on one side?

Arm weakness – can the person raise both arms?

Speech difficulty – can the person speak clearly and understand what you say?

Time to act – act FAST and call 000 immediately.

What can I do to prevent a stroke

Know your risk factors: high blood pressure, diabetes and high cholesterol.

Be physically active and exercise regularly

Avoid obesity by keeping to a healthy diet

Limit alcohol consumption

Avoid cigarette smoke

Learn the warning signs of a stroke and act fast.

Always seek medical attention - you are not bothering anyone if you prevent a stroke.

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Love and Truth Through Christ

CHRISTIAN LIVING CAMP

Year 6 students, Katie Townsend and Ryan Huckel enjoyed 3 days at camp with Mrs. Welsh and the other Year 6 children from the Diocese. This was a time of reflection about confirmation and their faith, friendship and lots of food and fun. Here are some comments;



"We played lots of games with Chris Doyle - he was very funny. We talked about selfness and being selfish, we had a great tug of war and we played tag. The food was sometimes delicious and sometimes weird, but it was still good." Ryan Huckel

Katie & Ryan with facilitator and entertainer, Chris Doyle.

.....the first activity on Tuesday was a tug of war with Red team. We came runner up to Blue who cheated by having Mr Brown as the anchor. (Not fair!). Then we had our first lesson with Chris Doyle. He was really funny and made a lot of sense to me. I really enjoyed Christian Living Camp, learning and making new friends. I hope the next group enjoys it as much as I did." Katie Townsend

EUGOWRA SCHOOLS CROSS COUNTRY CHAMPIONS

Congratulations to all our runners/walkers for participating in the Cross Country on Friday 17th. Well done to all the age group winners - all the children did very well. Thank you parents for helping out with the time keeping and organising.



Junior Champions and age group winners



Senior Champions and age group winners **CHAMPIONS**

Senior Boy: Liam Heinzl R/U Jack Frazer

Senior Girl: Katie Townsend R/U Belle Wallace

Junior Boy: Jordan Moore R/U Toby Matheson

Junior Girl: Montana Bevan R/U Lauren Cullenward

PRAC TEACHER - Miss Kate Hanns.

We welcome Kate Hanns who is doing 4 weeks of prac teaching in the Primary Room. Kate is in her 3rd year of teaching studies and we hope she enjoys being a part of the (slightly) chaotic school routine. Pictured: Miss Hanns happily decorating Charlie Philipzen's face at the recent National Simultaneous Story time activities at the Preschool.



Also pictured are some ghoulish girls at the Wrong Book reading day; Dena Moore, Belle Wallace and Annalise Gavin. Thank you to Cabonne Council and ECCC for hosting the reading day.



Coming up this term is Small Schools (EMY) Athletics on Friday June 7th and Eugowra Schools Athletics on the 21st June.

Until then, we will keep up our prayers for some more beneficial rain for our farmers and gardeners. May God bless you all. St Joseph's staff and students.

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Welsh Reunion

There was a great roll-up of family members to the recent biennial Welsh reunion held at the Eugowra Community Bowls And Recreation Club. Family travelled from Victoria, Queensland, ACT and all over NSW to be part of the 10th event. Coincidentally it was 100 years since William Welsh died in 1913. Skits, stories, recitals and singing entertained the many guests and a highlight for all was a wonderful slide show of Welsh descendants and relatives prepared by Penny Ryan (nee Welsh) and her children.

A display table was set up with photo albums, family poems, family tree data and photographs. We were thrilled to have descendants of Ken, Ernest, Harold and William Welsh; and also descendants of Emmanuel Anderson. Over 100 relatives attended this special event. Next one will be held the Saturday after Anzac Day 2015.

Picture below

Three generations of Welsh men Hayden, Michael and Graham Welsh

Warren Welsh(Wizza) reciting his poem Pop's Old Akubra Hat.

Left to right Suzanne Jones, Mavis Kirley, Ron Welsh, Agnes Welsh, Inez Whitehouse, Erin Fisher-Dore

The youngest descendant in attendance George MacKenzie (great grandson of Ron and Dawn Welsh)



The Calendar: how things came to be (continued)

By Mike O'Callaghan

They arranged that the Spring equinox (remember they were in the northern hemisphere) was on the 25th day of Martis, so, if only they knew when the year was about to begin, they would then have about 20 days to prepare their weapons before beginning the year's business. All months to Januarius were assigned 29 days but, as they had no specific knowledge of how long a year really was, Februarius was just defined to extend until the next occurrence of Martis. They thought a year was 355 days long. When this did not seem to work, which was practically every year, they quickly added or subtracted days to pretend that it had worked and then laughed it off. For the Italian peasant farmers in the surrounding countryside not having a reliable guide to when the seasons would occur was an ongoing problem.

After Julius Caesar had distinguished himself as the leading light among the Roman generals, finally being installed as Dictator of the Roman Republic in 49 BC he set about a program of reforms to solve a number of problems, one of them being the length of a year – unknown and just regarded as “a long time” for most Romans. But, on the other side of the Mediterranean Sea lived the Egyptians, a more peaceful people with a much older civilisation, which had developed some knowledge of Astronomy. While Caesar was over there in the city of Alexandria conducting his famous liaison with the Egyptian Queen Cleopatra, he gained access to some of the scholars, mathematicians and astronomers there. He learned from them that a year is $365 \frac{1}{4}$ days long. So, back in Rome, he set about re-structuring the calendar to give the year the right length. Clearly twelve months of 30 days was only going to make 360 days and there was an obvious need to keep the months all about the same length – so they would continue to fit with the full moons. With the help of a mathematician called Sosigenes, he devised a scheme in which, beginning with Martis, every second month had 31 days and the others had 30, with Januarius having 31. This meant that, to make 365 days in the year, his last month Februarius had to have 29 days. To get the extra $\frac{1}{4}$ day they said that Februarius would normally have 29 days, but in every 4th year it would have 30 days (be patient, this is early in the story). That would give the calendar year an average length of $365 \frac{1}{4}$ days when averaged over many years.

| | | | |
|-----------|----|------------|-------|
| Martis | 31 | September | 31 |
| Aprilis | 30 | October | 30 |
| Maius | 31 | November | 31 |
| Junius | 30 | December | 30 |
| Quintilis | 31 | Januarius | 31 |
| Sextilis | 30 | Februarius | 29/30 |

It is not difficult to see how our English month names came from the original Latin ones. That is how the month that is shorter than the others and has the extra day every fourth year happens to be our second month. It is also how we ended up with names sounding like 7th, 8th, 9th, 10th months for what are, in fact, the 9th, 10th, 11th and 12th months. The positioning of the Spring equinox well after what had for a long time been the beginning of the year with the consequence that the Autumnal equinox and the two solstices occur similarly about two thirds of the way through the months in which they occur is the reason they are so placed in March, September, June and December, on about the 21st in each case, today. Thus, after a long process of experimentation, debates and disappointments, they had arrived at a calendar which appeared to always allow them to know when the seasons were due. Thereafter, for many centuries, the Roman Empire had a calendar which served farmers and generals well by keeping the seasons in step with it. Given the eventual extent of Roman power – covering the whole of Europe and the Middle East – this became the calendar throughout. But, as is the way with many of mankind's inventions, that was not the end of the story, which will be continued in the next installment.

Unveiling the Boer War Plaque

On Sunday 26th May a small group of Eugowra locals gathered for the unveiling of the Boer War Plaque in Memorial Park. Robert Ellis spoke about the Boer War and the participation of Eugowra men in the war. He also unveiled the plaque and planted a Protea tree to mark the occasion.

Pictured below; Ray Agustin assists Robert Ellis to plant the tree



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Newsletter

Sorry about the very brief newsletter last month! See what happens to your brain when you take a couple of months off work!! The following is what I was supposed to send to The Lion's Magazine for printing.

Now that the warm weather has unfortunately left us, Danny has increased our supply of chocolates and lollies and I noticed he is also starting to order in more chocolate covered biscuits. When I had a walk around the shop to look for any changes I also noticed more freezer lines too. There were different flavoured Sara Lee ice creams and a bigger variety of Sargent's frozen pies. These include steak & onion, chicken & vegetable and naturally the traditional meat pie. Danny is also slowly increasing our stock to include more gluten free items for those with gluten intolerance. We also have a selection of Organic Rye Bread and Organic Multigrain Bread. Then there is also Mountain Bread Wraps in Wholemeal Wheat flavour and White Wheat flavour, plus Gluten Free Wraps and Bake Stone Deli Pizza Bases.

Walking around the hardware end of the shop I notice we now have things like CRC 5.56 Multi Purpose Lubricant, CRC CO contact cleaner precision electronic cleaning solvent, CRC TAC2 Adhesive Lubricant and CRC Aerostart. Out of all those Aerostart is the one I have heard of the most, but I guess if I ever need the other things for something then at least I know where to buy them. We also have Inox chain lube and a product called Nulon "Start ya Bastard" engine starter. So if you have an engine that won't start then at least you can swear at it while saying the name of the product you are using without getting into trouble off your mother for swearing!!

Also in stock we have a Narva Automotive cables, Globes & Accessories stands. Plus we have always had things like spring clamps and fencing pliers, combination pliers and screwdrivers, adjustable wrenches, wrench sets, paint brushes, crimping tools, saddle soap and the list goes on.

There is a new magazine published now called Central West Lifestyle priced at \$8.80. This magazine showcases, as the name suggests, Central West New South Wales. It will be published quarterly. The winter edition has beautiful photos featuring Abercrombie House & Chifley Home, Mayfield & Blair Athol gardens, a feature

story about Merle Parish from Cudal & also a feature story about Jimmy Westwood "The Ulan Cowboy" plus heaps of other stories & great photos with a couple of recipes thrown in. This is a lovely magazine to grab a cuppa or a wine & curl up in front of the fire with.

The SPECIALS we have going at the moment are 1.25lt Coke varieties (ambient temperature) are 4 for \$8.00, Coke 375ml can varieties (again ambient temperature) 18pk \$14.99, Cadbury Chocolate 110gm \$2.00 each, Tip Top "Up" & "The One" 700gm varieties \$3.00 each, Tru Blu 1.25lt varieties (ambient Temperature) 2 for \$3.00 and lastly Reflex Copy Paper 500 sheets \$4.99 a packet.

We also have Telstra Elite Mobile Wi-Fi for \$39.50. For those who need phone credit we have finally got some more of them in stock. I'm not sure if people are aware of why we don't do phone recharges through our Eftpos machine anymore, but the reason is the NAB bank who our Eftpos is through have upgraded their services. Because of this upgrade we can now no longer use our Eftpos machine for things like phone credits, fishing licences, toll freeway passes and the few other things we used to do. I'm not sure about you but I hate upgrades. I find they usually cause problems, but that's just my opinion!

We would also like to welcome the new business in town. Michael's coffee shop across the street from the Newsagency & Supermarket & we wish him the best with his business. I have heard his home-made pies are very nice!

By the time this comes out the Boer War Ceremony will have already happened, so I hope we had a nice day for it! Also the Biggest Morning Tea would have been a great success once again!!

The Mural Weekend - what can I say except what a great weekend. I hope everyone appreciates all the work the artists, committee, volunteers & especially Jodie have put towards putting our town back on the map. I thoroughly enjoyed wandering around & being a spectator & catching up with the artists that were here last year.

Anyway I think that is it from me this month, so until next time, don't forget to shop local! Diane

A tough winter means tough decisions are needed.

Belinda Edmonstone DV Lachlan LHPA Forbes

As seasonal conditions go from bad to worse many producer will find themselves at a cross roads – do we feed or do we sell? These are tough decisions to make given the subdued prices for stock particularly unfinished stock and the hope that it may rain soon. Even if it does rain soon it is likely to turn cold and pasture growth will be slow (depending a bit on where you live). With the onset of cold weather energy requirements for stock increase particularly those that are heavily pregnant or lactating as well as recently shorn sheep. Given the lack of decent run off rain over the last 6-12 months water quality and quantity will also be an issue in some areas. We are in for a tough winter.

From reports coming from central and northern Queensland it appears they are in dire straits with many stock now becoming unsalable or not fit to transport due to poor body condition. This is a situation we need to avoid. As stock owners we have a responsibility to ensure the welfare of our animals is taken care of. This means providing adequate nutrition for maintenance. As feed deteriorates initially supplementary feeding maybe all that is required however as conditions worsen full drought feeding maybe necessary. The alternative is to sell whilst stock are in a reasonably saleable condition. This means that you can then focus your efforts on remaining stock.

I think everyone appreciates that these are not easy decisions to make. It was once said to me ‘what is worse than making the wrong decision is making no decision at all.’ This statement is particularly true in times of drought. Producer need to make a plan regarding the management of their stock during winter based on an assessment of paddock feed available now and how this will last given little pasture growth until spring. It may rain next week, then again it may not. The Bureau of Meteorology have just announce that they can not tell from their indicators whether we are going to get above average or below average rainfall. Consideration needs to be given to the amount of supplementary feeding that will be required and stored feed on hand and/or the cost and availability of purchased feed. Moving into winter energy will become the main limiting factor so it is

important to ensure the correct feed is fed. Protein blocks and loose licks that are commonly used in summer to utilise the dry feed will no longer be enough. Consider early weaning to preserve the body condition of females. The weaners if kept will need to be fed a high quality diet particularly if they are small. Protein as well as energy becomes important to this class of stock. You may also need to consider locking stock up into small paddocks so that other ground cover on other paddocks can be preserved and feed will come away once it does rain. There is a range of resources on the internet to help with decision making. I find the NSW DPI website handy <http://www.dpi.nsw.gov.au/agriculture/livestock>.

Discussing the options with your agent will also help and please fill free the ring one of your district veterinarians at the LHPA to discuss your options and feed requirements.

Winter Feeding Facts and Figures

By Lachlan LHPA Senior District Vet Eliz Braddon

With the cold weather now setting in and the lack of a season break this month, most producers will need to budget on feeding programs until August – September depending on what happens with Mother Nature in spring! That means assessing livestock feed requirements against current feed on-hand and balancing the two. In some circumstances, this may mean destocking some classes of stock earlier than planned.

Going into winter, it is important to remember that energy is the most important nutrient – that means cereal grains and manufactured pellets should be the basis of any ration for sheep or cattle. Some basic figures for full handfeeding of grain / pellets with absolutely no paddock feed are:

Sheep – 3-3.5 kg/head/week (eg. 400-500 gm/hd/day)

Weaner sheep – 2.5kg/head/week

Late pregnancy – add 50% to basic requirements above

Lactation – add 100%

Shearing/cold stress – add potentially another 50%

Cattle – 4 kg/head/day (28 kg per head per week)

Weaner calf – 2.5 kg/hd/day

Pregnancy – add 40%

Lactation – add 60%

Some other points to keep in mind:

All stock on primarily grain based diets will be low in calcium so the addition of 1% Ag lime to these rations is a must.

Lactating animals do require about 20%-25% roughage in the diet to maintain good milk production

Adding magnesium supplements (1% Causmag®) to lactating cows and ewe rations is a good measure to prevent grass tetany, as well as avoiding grazing these groups on cereal crops (especially calving cows and lambing xbred ewes)

Some feed substitution rates that may also be handy in preparing your budgets and making the most of feed on hand are:

1 kg grain/pellets = 1.5 kg quality legume hay (eg. lucerne, clover)

2 kg pasture hay

3-4 kg silage

At the moment, you may still have some paddock feed available. If for example you have lambing merino ewes on short green pick, then they will likely be requiring about 4 kg grain/ head/week; twinners or xbred ewes would likely require more like 6kg/week.

From driving around the district lately, I suspect most producers will need to be supplementing from 50%-70% of the feed requirements depending a bit on individual pasture situations. If you need assistance in understanding any of these requirements, please contact your local LHPA office.

Self-Care Unit Report

You may remember there was an Aged Care Unit Survey circulating last year. The survey was to assess the need for more Aged Self Care Units in Eugowra. When analysed, it came up with some interesting facts. There were fifty one responses to the survey. Some of the responses are listed below. Some people didn't answer every question.

| Question: | Yes | No |
|---|------------------|------------------|
| Would you like to stay in Eugowra? | 45 | - |
| Would you be interested in moving into an Aged Self Care Unit if one became available in Eugowra? | 42 | 7 |
| Why would you like to move into a self care unit rather than stay in your present house: | | |
| Condition of house | 12 | 17 |
| Your house is flood prone | 6 | 24 |
| Your present garden is unmanageable | 19 | 15 |
| House not suitable for aged persons | 16 | 14 |
| Just want to down size | 36 | 2 |
| Would you prefer one or two bedrooms | One 11 | Two 33 |

The two big conclusions to be drawn from the results are that as people age, they are reluctant to move out of Eugowra, (and who could blame them), and there is a need for more units in town.

The committee has made representations to several politicians (both State and Federal) seeking funding assistance, and each time come up with the same answer – there is NO MONEY! We are investigating other approaches with the aid of Cabonne Council and will keep the Community informed of further developments.

Thank you to all who took the time to fill in the survey.

Biggest Morning Tea

Kerry O'Malley hosted a successful biggest morning tea this year at her home in Victoria Street. The event was well attended and organisers believe they have met their goal of raising \$30,000 in the thirteen years the morning tea has been held in Eugowra. This goal represents the total raised while Helen Perry has been organising the event. She announced this year that it would be her last as organiser. She was presented with a gift in recognition of her dedication to this cause. Community Nurse, Ann Stenhouse was the guest speaker at the morning tea.

Bowling Club News

Members Draw will be the last Friday in June.

AGM will be 2nd Sunday in July; we need new directors everyone welcome.

Club Championship Bowls to begin in June, please check the notice board.

Bowls Day also 16th June please check notice board again.



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By Anne Burns

SCA president Ian McColl that “This plan requires producers to have a greater level of input and to take a greater level of responsibility for his/her own bio security” In other words you wanted less red tape, well we got it, we now have to look after ourselves! There are no longer lines on a map like the current system.

One interesting aspect of this new management arrangement is the biosecurity plan. For the most part biosecurity is not something usually discussed on the family farm, most believe it is a feature of larger corporations and concentrated primary production facilities, a local example would be the Gundmain Feedlot. However, now we are on our own and it is a buyer beware world, biosecurity is something all rural landholders will have to be aware of and manage.

According to the National Farm Biosecurity Reference Manual the most common ways for diseases to spread is from people, livestock, vehicles, equipment, feed, water, pests, weeds and amazingly air. While these new biosecurity requirements are not yet compulsory for primary producers, in this new world, where all farmers will take a greater role in managing these issues, we may see more of this type of requirements becoming legislated, similar to the way OH&S requirements are.

How would a biosecurity plan work on the family farm? Many of you would already have in place a plan that manages many aspects of biosecurity. Here are some of the highlights.

Managing the introduction and movement of livestock in a way that minimises the risk of introducing or spreading infectious diseases.

Checking all animals for health status before purchasing. Purchasing livestock from suppliers who have a food safety or quality assurance program and can provide information about animal treatments and health status of their animals. Carefully review the Vendor Dec and the Animal Health Statement.

Ensure introduced livestock have had time to empty out prior to release from the yards, for livestock that leave

Last week we saw the release of the new OJD Management Plan and a new Sheep Health Statement both to be brought into effect on July 1.

What is different between this OJD plan and the last proposal? With this new plan we now see an acknowledgement by

and return to the property assess their vulnerability to infection, hygiene and contact with other livestock while away.

Take additional precautions if buying through saleyards as they present a high biosecurity risk. (Forbes saleyards and the agents will love this)

People, vehicles and equipment entering your property will need to be contained and controlled to minimise contamination. If lending or borrowing equipment between properties, you will need to ensure it is cleaned before and after use.

Where possible minimise the number of entry points and restrict access to the farm. It is recommended you have ‘permitted access areas’ for farm contractors (your agent, veterinarian, delivery tankers). Provide facilities in ‘permitted access areas’ for farm contractors and visitors to clean boots and equipment on arrival and before departure (that would be interesting, “clean” boots!)

Ensuring the quality of stockfeed and water supplied to livestock is fit for the purpose. With a lot of hand feeding going on at present many producers are already aware of sourcing good quality feed.

Farm owners and managers are going to come under greater pressure to prevent and control animal diseases on farm with regular monitoring of livestock health. Providing staff and contractors with the necessary instruction and understanding of the importance of your biosecurity requirements.

Disposal of carcasses is also coming under the biosecurity spotlight. This is also an issue that has been raised recently by a researcher suggesting foxes transmit the disease sheep measles. Quick removal of carcasses, bury them-also cover with shade cloth to stop foxes digging them up. (See April 2013 issue of Feedback) Leaving a carcass where it falls is no longer acceptable practice.

The above is only a snapshot of biosecurity requirements.

We are stepping into a new era of greater on farm responsibility for all aspects of human, animal and land health and well being. What else is new many would say, well now it is not just relying on a primary producers common sense, it is being documented in the form of the “National Farm Bio Security Reference Manual Grazing Livestock Production”, this document is produced by Animal Health Australia you can contact them for your free copy or read it online at www.animalhealthaustralia.com.au Animal Health Australia reference manual was quoted extensively in the writing of this article.

See page 8 for a Biosecurity sticker for your gate.

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2013 Mural Weekend Success

On 10th, 11th and 12th May, Eugowra enjoyed a beautiful weekend full of painting, cars, bikes and entertainment. On the Friday the 60 artists and signwriters began their registration and selecting which Murals they would work on. Many had travelled great lengths to get to Eugowra, some as far as New Zealand, Toowoomba, Melbourne and Echuca.

In the Café the artists were learning the traditional signwriting technique of Gold Gilding. While outside, some of the towns freestanding signs were getting a facelift. Across the road in the Post Office yard a sulky was treated to some traditional decoration techniques and the Memorial Park Anzac Mural was being painted.

On Pye Street, the Museum Mural was taking place, featuring Wilf Norris farming his traditional way and the McMillan Braveheart wagon. Next door the Shell signage was being added to. Next to the Central, the Biggs Building Mural was being worked on. The scene from days gone by, of the Annual Murga Picnic Day, which was attended by thousands of people through the years 1912 – 1940.

At the Central we saw the Mural featuring the old beer delivery truck driven by Jack Croucher and delivered to Alf Niche (owner of the Central) and Barry Shine feature on the Grevillia Avenue side. The airbrushed Mural of the Eugowra Football Legends; Barry Beath, John Hobby and Ian Walsh served by by none other than Kevin Norris who was publican of the Central for 41 years. Also in the rear yard of the Central the Eugowra Sportsground Signage was being painted. This is now fully installed at the Nanima Street entrance.

Down at Somerset Lane, the old Eugowra Railway station was being painted on the Southern Wall. Featuring fashions from 1900 through to today.

On the Saturday the kids got in on the paint action too with instruction from our visiting artists on the use of airbrushes on skate decks, masks and even a bike helmet. They came back on the Sunday morning to complete their masterpieces.

Sunday morning saw over 100 cars and bikes make their way into the Eugowra Sportsground for the Hot Rod, Custom, Classic Car and Bike Show. It was great to see so many beautiful cars and bikes turn up for this event.

Down by the Mandagery, in Apex Park the Mothers Day lunch was taking place. The very popular event sold out early. The artists managed to tear themselves away from their brushes to join everyone for a lovely meal provided by Eat Your Greens.

We still have a couple of Murals to finish off, which we will see around 10 of our artists return in mid June to complete this years Murals.

The Mural Committee worked very hard over the last 12 months in getting this years event organised and it proved that Eugowra CAN pull off a successful event and draw crowds from far and wide. Thank you everyone who donated their time, skills and effort in making this all happen. Thanks to the; CWA and Lions clubs for their support, to our billets for opening your doors and looking after our wonderful artists, to Neil, Jayne and staff at Eat Your Greens Function Centre for their major donation to this year's event, to our sponsors: Viponds Paint for their very generous contribution of paint for the Murals, House of Colour who supplied the airbrushes and airbrush paint for the kids classes, Transgrid, Cabonne Council, Visual Impact, Sign Sheet Distributors, Alupanel, Centacare, Artsoutwest, Anest Iwata, Geagle Productions, Coca Cola, Eugowra Supermarket, Anne & Ian Burns of Creekside Farmhouse, Spray Chief, Shannon's Insurance and M&A Bray Transport.

There are so many people who have contributed to this event, I may not have mentioned you all, but hopefully you know that you are very much appreciated.

The Committee is now focused on next year's events which they hope will be bigger and better than ever. The next meeting will be on 31st of July at the CWA rooms 6PM, if you would like to contribute please come along.

Ray White

Eugowra

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Golden EUGOWRA Eagles

FOOTBALL UPDATE

Eugowra Golden Eagles have had a fantastic start to the 2013 season remaining undefeated after 5 rounds. Round 3 the Eagles travelled to Peak Hill for a rematch of the 2012 Grand Final the Roosters as usual were unpredictable and the Eagles had to defend strongly all game coming out victorious 44-14 best players for the Eagles Sam Molloy, Brandon Plunkett, Matt Park and Pete Newell.

The Juniors had a tough game with numbers low due to school holidays but gave it their best. First Home Games of the season were a great success large crowds and plenty of support. All teams had entertaining games Geagles getting stronger each game, the Juniors had a full team with a very close loss 30-28, A young Tigers pack pushed the Eagles for the full 80 minutes

First Grade got the win 34-16 the forward pack continue to dominate in defence laying a good platform for the backs. Two entertaining games of footy at Eugowra the Geagles played a great game with narrowly missing out on the win by only 2 points the girls are definitely getting it together!! The Juniors put on a very entertaining game which was fast and tough but they stuck to the game and came out winners 46-40. This Round saw Grenfell 1st Grade forfeit to Eugowra Eagles.

Pictures are from the Peak Hill match.

